Dear Members,
It’s with a great deal of sadness that I write this report.

It was in March this year, during our Women in Art Exhibition, that Pam Brooks told us that she had been diagnosed with motor neurone disease. She was unable to speak at this stage and wrote her diagnoses on a piece of paper. We were all very emotional and she took the paper off me and wrote, “Please, no sympathy, just love”, and all I could do was give her a big hug. But that was the last we were to see of our Pam, as she went to live with her family in Sydney. She passed away peacefully on the 24th September. Pam was such a vital member of TLAS and TADAS and in the words of Roxanne Brown, “Pam will be sorely missed. A beautiful, friendly and kind soul. Oh! …. And she could paint up a storm too!”

Our society has a lot happening for October and November, starting with the Fab Fakes Exhibition and the Fab Fakes Silent Auction, then the Toukley Art & Craft Fair, our Lakes ArtFest at the CWA Hall and don’t forget the AGM! All details further in the newsletter.

I leave you with this simple, yet powerful message from our Pam,

just love

Rasheeda
TLAS Academy has recommenced at the CWA Hall. Meet up with like-minded artists. Tuition is available when you need it and an endless cuppa (and bickies).

TLAS Academy is held at 1 Pacific St., Long Jetty (CWA Building) each Wednesday (dates below). From 0830 to 1130.

Our mentors specialise in various mediums - Pat (watercolours), Peter (oils and acrylics), Ralph (oils), Donna (acrylics).

TLAS Academy Sessions

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Every Wednesday</td>
<td>TLAS Academy</td>
<td>CWA Hall 1 Pacific St. Long Jetty</td>
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<tr>
<td>Every Sunday</td>
<td>Free Art Sundays and various exhibitions. 1030 - 1230</td>
<td>Maitland Regional Art Gallery</td>
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<tr>
<td>16 to 29 Oct 2020</td>
<td>Launch 16 Oct. 5:30pm for 6pm</td>
<td>Art House, Wyong</td>
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<tr>
<td>Thurs 22 Oct. 10am</td>
<td>Members’ Meeting AGM</td>
<td>The Entrance Community Centre, 10 to midday</td>
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<tr>
<td>Sat. 24 Oct.</td>
<td>Cheryl Bruce Good Times W/shop</td>
<td>CWA Hall 0930 to 3pm</td>
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<tr>
<td>1 Nov - 6 Dec. Launch 2pm 1 Nov.</td>
<td>Fab Fakes ‘Silent Auction’</td>
<td>Red Tree Theatre Tuggerah 160 Pacific Hwy. Tuggerah</td>
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<td>7 Nov. 2020</td>
<td>Toukley Art &amp; Craft Lakes Artfest</td>
<td>Exterior of TADAS Art Gallery 9 to 2pm</td>
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<tr>
<td>Weekend 14 &amp; 15 Nov.</td>
<td>Lakes Artfest Lakes Festival</td>
<td>CWA Hall, Long Jetty 10am to 4pm</td>
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<td>21 Nov.</td>
<td>Anne Brack Animals in Focus W/shop</td>
<td>CWA Hall, Long Jetty 0930 to 3pm</td>
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<tr>
<td>Now to 29 Nov.</td>
<td>Winners and finalists Gosford Art Prize</td>
<td>Gosford Regional Gallery</td>
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<td>4 Dec - 31 Jan 2021</td>
<td>CCAS 50th Anniversary Exhib. Gallery 2</td>
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<tr>
<td>23 - 31 Jan. 2021</td>
<td>Home Baked Art</td>
<td>The Entrance Gallery</td>
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*The TLAS Annual General Meeting will be held 10am 22 October at The Entrance Community Centre, Norberta St., The Entrance. Member's Challenge: Spring ‘A New Life’ any medium.

*COVID-19 rules will apply.

TLAS ACADEMY

TLAS Academy has recommenced at the CWA Hall. Meet up with like-minded artists. Tuition is available when you need it and an endless cuppa (and bickies).

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Mrs Mac’s Arty Facts

“Rose Madder - Ah bewdiful”

Rose madder is the commercial name sometimes used to designate a red paint made from the pigment madder lake. It’s extracted from the common madder plant Rubia tinctorum. (image above)

Madder lake contains two organic red dyes: alizarin and purpurin. As a paint, it has been described as a fugitive (impermanent), transparent.

Madder has been cultivated as a dyestuff since antiquity in Central Asia, South Asia, and Egypt, where it was grown as early as 1500 BC. Cloth dyed with madder root dye was found in the tomb of the Pharaoh Tutankhamun and on an Egyptian tomb painting from the Graeco-Roman period, diluted with gypsum to produce a pink colour.

Natural rose madder supplied half the world with red, until 1868, when its alizarin component became the first natural dye to be synthetically duplicated by Carl Gräbe and Carl Liebermann.

Because this synthetic alizarin dye could be produced for a fraction of the cost of the natural madder dye, it quickly replaced all madder-based colorants then in use (for instance, British army red coats that had been a shade of madder from the late 17th century to 1870. In turn, alizarin itself has now been largely replaced by the more light-resistant quinacridone pigments originally developed at DuPont in 1958.

It is still manufactured in traditional ways to meet the demands of the fine art market. Luckily in Australia we have our own rose madder named by my local fruiterer Con Dickaletus, “Doesn’t Madder”.

Mrs Mac’s Arty Facts

This is the last newsletter from me as editor prior to the AGM (Thursday 22 October at The Entrance Community Centre at 10am).

It’s an opportune time to thank the many contributors over the last twelve months, including Karen Williams, Patricia Newell-Dunkley, Peter Tassell, Anne Cummings, Pat Edwards, Earl Hingston, Corinne Adams, Pam Barrie, Rasheeda Flight, Donna Cole and Mrs Mac. A big thank you to all. Hopefully we’ll continue with more of the same next month and into 2021.

To potential entrants for the Lakes Artfest, on the weekend of 14 and 15 November. You need to get your entry form in pronto! The closing date for entries is 16th October. There are entry forms attached to this newsletter or you can download from www.tlas.org.au

Entry is free for members.

To the person who invented zero - thanks for nothing.

You’ll note in this issue some stories from the U3A Central Coast newsletter ‘Silver Lining’. This was brought to my attention by member Ingrid Rode. Most stories I’ve included can relate to art with new places and subjects to visit (with a sketch book or camera in hand). Thanks to U3A for their kind permission to reprint here.

The past, present and future walked into a bar. It was a tense moment.

Fab Fakes launches on the 16th of this month. The launch will be in the evening at 6pm with guest Anne Marie Heath and judges Peter Tassell and Yve Close.

Following Fab Fakes, the exhibiting artists may be included in the Silent Auction for free. Drop off to the Red Tree Theatre the same day you pick up from the Art House, 30 Nov. The Silent Auction launches on Sun. 1 Nov. with guests Chris King, Taylor Martin MLC and guest artist Marney McQueen. $10 for drinks and nibbles.

Book with Gail M 0414 615 233

Any newsy bits - please send to: news@tlas.org.au

VALE
Pamela Brooks
Eric Marshall

NEW MEMBERS
Louise Anderson
Welcome to Tuggerah Lakes Art Society.
Hi everyone,
I would like to report that our first post COVID-19 workshop was a resounding success thanks to our brilliant tutor Robyn Pedley (right), who introduced us step by step with skill and enthusiasm to the techniques & nuances of this challenging medium to create our own unique interpretation of Landscapes in Ink.

Our larger than normal class anonymously answering questions on our workshop feedback form, made comments such as, perfect, great fun, immensely enjoyable & non stressful proving that Robyn opened our eyes to yet another aspect of interpreting our feelings onto paper.

If you would like to see some of Robyn’s works you will find her at Bobby P Gallery in Terrigal. Thank you Robyn for a challenging but rewarding day.

Our next workshop is with Cheryl Bruce on 24th October, Creating Strong & Vibrant Watercolours. You will find Cheryl’s materials list on the following page. Also on the TLAS website, www.tlas.org.au

We still have 2 other workshops this year to fill; Anne Brack- Showing Fur Technique across different mediums on 21st November and Karen Bloomfield - Fabulous Feathers Charcoal & Ink workshop on the 12th December.

So let’s end the year on a positive note, book in and learn some new skills.

As always, Art is an adventure that never ends. Corinne
I am excited to hear that you have booked in for a watercolour workshop with me. I will list my usual materials below, but it is not a prescriptive list, that you have to have every colour or item on it.

Watercolour paints (Windsor and Newton or other good quality watercolours)
General colours that I use for most paintings are - (W&N unless specified)
Cobalt Cerulean Blue Ultramarine Blue Cobalt Turquoise
Brown Madder Cad Yellow Yellow Ochre or Raw Sienna
Naples Yellow Indian Yellow or Cad Yell Dp Indigo
Alizarin Crimson and/or Rose Madder Genuine Cad Red Light Light Red
Green Gold or Aureolin Diox Purple Neutral Tint
Holbien - Lavender Schminke – Cad Red Orange Art Spectrum – Australian Grey
Art Spectrum – White Gouache

Watercolour Paper – I prefer Arches or Waterford Saunders brand (300gsm, Rough) for the techniques we will use. Please have an abundance of paper – at least – we mostly work quarter sheet size, (or A3 pad size). If you like to paint large, feel free to work on half sheet sizing. The techniques we use don’t work well on cheap watercolour papers. Paper is the most important investment. For the workshop you’ll need at least 2 1/4 sheets of paper or A3 size

Brushes – bring what you usually use.
My favorites are pictured – The Chinese style brushes are BW170 the big one pictured is a size 8 down to a 2. I use the number 10, 8 and 6 the most. Then there is a Neef Rigger, and a number 6 script liner. The Neef Kazan Dagger is great in the 1/4 size (pictured) and I usually use a large mop like the daVinci one pictured. Not pictured is a hake which I sometimes use for skies.
Not all Chinese brushes are created equal, and these BW170 code are an incredible brush for a small price. If you are considering buying any new brushes I totally recommend these, though they are hard to source now. The bigger your brushes the better. An old brush will also be handy if we use masking fluid.

Miscellaneous items: Paper towel (absorbent brand), good watercolour palette with deep wells for painting and mixing space, pencils, kneadable eraser, divided water-well or two water containers, masking tape, liquid masking fluid.

If you have any questions please feel free to email me at contact@cherylbrucecreativ.com.
I look forward to meeting you soon for a fantastic day of inspiration, technique and creativity.
Cheryl
I am a lazy gardener. It wasn’t always so. I was particularly energetic in my Gilgandra Garden Club days. There were so many beautiful old homesteads in the area with equally magnificent gardens that I couldn’t fail to be inspired. We went on a weekend excursion to visit the gardens of Mount Wilson in the Blue Mountains and there I fell in love with Windyridge. A handsomely mature garden and delightful to explore. Great attention had been paid to detail and there were even blooms placed daily to float in the bird baths. We were lucky enough to meet the designer who told us how his clients had been horrified when he suggested taking out many of the azaleas, after all that’s why they had been so attracted to the property in the first place. But by removing them, he opened up vistas to the lake, to open-air rooms and terraces.

Remembering the words of the designer, I set to work tearing down all the fences between the homestead and the dam. I wanted a lake and I wanted a vista of the lake! First the back garden fence, then the tennis court (long passed its use by date) followed by the orchard fences. It was a splendid result which we thoroughly enjoyed, that is until we went into drought and my beautiful lake dried up to a muddy puddle . . . .

Today I remember that advice from long ago and just remove anything I don’t like and happily watch the rest of the garden grow. I am particularly pleased with a self-seeded tree fern. A couple of Spider Lilies (Hymenocallis) also appeared from nowhere and are now busily colonising my eastern bed. I love their flowers and for the rest of the year their strappy green leaves look wonderfully lush. As I said, I’m now a bit lazy but fortunately I have a very small garden.

Thanks to Penny for permission to reproduce the story. Editor
Using technology to research for inspiration I happened upon www.mymodernmet.com and noticed the link entitled “5 Secrets to unleash your creativity.” A secret (really) but “creativity,” that’s sounded interesting. I subscribed and one point per day arrived in my email inbox. As I clicked on further links I discover another world of articles to read and lots of brilliant photos on such a broad range of creativity - just so inspiring, perhaps even a little overwhelming. How can people be so clever?

Their 5 secrets are: - (my condensed explanations)

1. **Follow a True Passion**
   When you are passionate about something people can see it in you. When you combine passion with skill you express your interest in ways that may surprise even yourself.

2. **Dedication Leads to Breakthroughs**
   Putting in the time is the key to unlocking something better, if not great. Find ways to stay motivated.

3. **Actively Seek Inspiration in Unlikely Places**
   Take the time to find what you truly like and why. Seek more of that inspiration/experience and ponder how you can incorporate that into your creativity.

4. **Do It Differently**
   Attention brings insight. Stay focused, curious and experimental.
   “There are no rules. That is how art is born, how breakthroughs happen. Go against the rules or ignore the rules. That is what invention is about.” – Helen Frankenthaler, - painter

5. **Remember Your ‘Why’**
   What was the reason you started your creation? Try to balance the fun with the not so fun. Engage in the vital boring bits and enjoy the satisfaction. This will help sustain you when you’re going through challenging times.

If your art has become tedious perhaps you can give yourself permission to let go, have fun and experiment with these 5 tips. Maybe you could even get onto the net and find something amazing on
With overseas or even interstate travel off the table at present, maybe it is time to explore our own city but with renewed interest. Let us take a wander.

**GREEN PLAQUES** - In 1988, one hundred and one green plaques were erected around Sydney, celebrating historic places, people and events. And I bet you haven’t ever noticed them. They can be found on most well-known buildings and many other sites around the city. For example, the GPO and the Dept of Lands Building.

*Quotes from a significant work and some biographical information about the writer are stamped onto each plaque along with an excerpt of the author’s writing.*  
**Joseph Conrad** – “Sydney Harbour ... one of the finest, most beautiful, vast, and safe bays the sun had ever shone upon”. *Mirror of the Sea* (1906)

**SITE OF THE FIRST GOVERNMENT HOUSE**

This plaque can be found at the Museum of Sydney, Cnr Bridge and Phillip Sts. A modern museum was built over and around the remains of Australia’s first Government House.

The significance of the site was all but forgotten until **Governor Phillip’s original foundation plate** was unearthed in 1899. The preserved foundations of the first Government House are located beneath the forecourt and can be viewed through glass panels in the floor.

**SYDNEY WRITER’S WALK**

- is a series of 60 circular metal plaques embedded in the footpath between **Overseas Passenger Terminal** on West Circular Quay and the **Sydney Opera House** forecourt on East Circular Quay.

The plaques were installed to honour and celebrate the lives and works of well-known Australian writers, as well as notable overseas authors, such as D.H. Lawrence, **Joseph Conrad** and Mark Twain, who lived in or visited Australia.
Gosford Art Prize till 29 Nov. Gosford Regional Art Gallery - Winners & Highlights

1st. Waiting for the world to reopen - charcoal on paper - Catherine O’Donnell

2nd. Napoleon in Exile - linocut. Rew Hanks

Aboriginal Artist Prize: I know I am, but what are you? Claudia Kent

The Clowns - Sally West

Corona Queen XIX - Cold Ghost

Trompe - l’oeil Self portrait with Old Door Peter Smeeth
The ‘Limericks in ISO’ writing challenge is open! Patricia Dunkley aged 87 of Shelly Beach NSW is the inspiration behind this little writing comp. She is an artist / writer who is one of the original members of ‘The Independent Writers Group’ who will be judging the entries of this comp. Her life since Covid has changed but NOT her spirit. She can’t be a part of ‘Central Cost Dress Up Your Dog & Walk 2020’ due to her high risk factors of age and previous medical conditions so she came up with this concept and idea to be involved!

4 x $50 prizes up for grabs BUT also the opportunity to connect with people who are basically isolated now for the duration is what this is all about!

So come on! Send in your Limericks and make Patricia’s smile bigger!

Let’s connect through a bit of fun and writing!

Go on! Make Patricia’s day

Tammy Briggs
The Lakes Artfest commences on the weekend of 14 and 15 November at the CWA Hall, 1 Pacific Street, Long Jetty.

You still have the opportunity to enter artworks (free for members), closing date is 16 Oct.

There’s an entry form attached to this newsletter.

This is hopefully the first of many Lakes Artfest Exhibitions. It’s a great way to show off the many talented artists who attend the TLAS Academy and the society in general. Plus the chance to sell your artworks!

The CWA will also be having a Garden Party with their award winning Devonshire Teas, as well as their delicious jams and pickles.

The Lakes Artfest is an official participant of the Central Coast Council’s Lakes Festival.

The exhibition will be open from 10am to 4pm for the weekend of the festival.

A special launch will be held on Fri. 13 Nov. from 6pm.

**LAKES ARTFEST 14 - 15 NOV. 2020**

**AN OFFICIAL EVENT OF THE LAKES FESTIVAL 2020**

LAUNCH 6PM FRIDAY 13 NOVEMBER
CWA HALL, 1 PACIFIC ST., LONG JETTY

AND ON THE SAME WEEKEND, JOIN THE CWA GARDEN PARTY FOR THEIR AWARD WINNING DEVONSHIRE TEA, JAMS AND PICKLES

**TLAS COORDINATOR: PAT EDWARDS PAT@TLAS.ORG.AU**

**WWW.TLAS.ORG.AU**

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**FREE CLASSIFIEDS**

| Timber Easel, Adjustable: | 100.5 x 95 x 192.5 cms |
| Ingrid Rode 0416 741 193 | $20 (as donation to TLAS). |

| Picture Frames | of various sizes - some with artworks. |
| Various prices | to be donated TLAS Academy toward the XMAS celebration. |

**SCORGIE’S RAW HONEY** is still available during the COVID-19 pandemic.

500 gm for $10.00 and 250 gm for $5.00.

Phone Wendy 4332 9047 or email wendyscorgie2@hotmail.com to arrange for pick up.

**Badges:** Name badges with the TLAS logo are available by ordering via Rasheeda. The price is $8. Bargain!

**Buy Sell Swap or giveaway** - send your free classified ad to web@tlas.org.au

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From the CCC Connect Newsletter:

In a year of unprecedented challenges we’ve seen inspiring expressions of creativity and this is reflected in the record breaking number of entries for this year’s Gosford Art Prize.

The number of entries for the prestigious art prize has doubled compared to previous years – 912 submissions by over 600 artists from across the Coast and Australia.

There has also been a 50 percent increase in artists that entered for the first time and we’re thrilled to welcome these artists to the Gosford Art Prize family.

Catherine O’Donnell took out 1st prize with ‘Waiting for the World to Open’ charcoal on paper.

- First Prize – $15,000
- Second Prize – $5,000
- Aboriginal Artist Prize – $2,500
- Gosford Ceramics Prize – $2,000
- Highly Commended – $1,000 (two prizes)
- Viewer’s Choice Award – $500

Be sure to explore the works of all finalists in the Gosford Art Prize Exhibition from 26 September to 29 November at the Gosford Regional Gallery and Edogawa Commemorative Garden.

Stay up-to-date on all exhibitions by visiting centralcoast.nsw.gov.au/galleries

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**LAKES ARTFEST**

**THE LAKES FESTIVAL WEEKEND OF 14 AND 15 NOVEMBER 2020**

**AN OFFICIAL EVENT OF THE LAKES FESTIVAL 2020**

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**TLAS COORDINATOR: PAT EDWARDS PAT@TLAS.ORG.AU**

**WWW.TLAS.ORG.AU**
It’s all a bit of fun to use the brain for possible, positive outcomes as we find things to do in these trying times. One sport still playable is golf - Gentlemen Only - Ladies Forbidden - spelt backwards is FLOG, no nineteenth hole anymore.

We can’t go anywhere! We save money! Fewer colds and flu around this winter. It’s better for the planet. It will reduce pollution, smaller footprints, happy animals. Re-invigorate our manufacturing industry not relying on overseas countries to produce our goods. It will change the face of life as we know it – nothing will be the same again! On the other side we might be more grateful for what we have. There is time to pursue things – some you may never thought of doing before. Slow Down! Take It Easy! Chill Out! Live In the Moment! – There is only one now!

Enjoy the solitude! Smile and laugh at the funny things in life – especially yourself. Eat the chocolate! Drink the champagne! Use the fine china and crystal. Phone everyone on your database, make special contact with friends and family. Reach out to someone who lives alone or may be feeling anxious. Write a few letters and cards and post them! Write some poetry, short stories or plan your best-selling novel! Start a journal or blog!

Have a full Spring Clean! Write your list of “Things To Be Grateful For” and show your gratitude every day. Study a language, history or design. Enrol in further education or University. Research something that’s always interested you.

TV – movies, documentaries, comedy, Netflix and other streaming services, TED talks, radio – if you’re sick of TV with its “bad news” think about podcasts and community radio. Get the cards out and play Solitaire, or dust off the board games. Cooking and baking, preserving food - make cheese! Make a cookbook of your favourite “famous” recipes! Create home made gifts. Check out Pinterest for ideas.

Revamp your garden – it’s a never-ending job. Clean out the shed, sand down and paint an old piece of furniture. Go for a walk around the block. Pull out that Yoga DVD or stream an exercise class! Learn something new or rekindle a past interest. Dust off that musical instrument and start playing it

Learn a few Heritage Skills - sew, knit, crochet, quilting, make soap or candles, home remedies, woodwork, carving, Meditate and practice mindfulness. Have a luxurious bath with aromatics and candles! Try an art project – every invention and great work of art started with a pencil and paper. Get the paints out and just splash or smear it on to paper or canvas – have fun with it! Learn to use your computer. Build a free website, host a Skype or Zoom party. Digitise and organise your old photos.

Plan what to do when this is over.
Re-design your life, start a dream journal, plan your next party. Which events would you like to attend? Music? Theatre? Sports? Plan your next holiday. Plan how you would spend $1 - $10 million when you win the lottery!

Life’s too short! Love yourself!

First published in ‘Silver Lining’, reprinted here with the kind permission of the author.
1. My ABN is……………………………………….  
2. I am a hobby artist. Signed:…………………………………………….  

I agree to the conditions of entry listed and certify that I am the artist and the painting entered are my original works.

Bank Deposit or send photo of this page to the Artfest coordinator Pat Edwards pat@tlas.org.au

ABN 81 228 337 158  - PO Box 4341, Bay Village 2261

Dear Financial Member,

Entry form must be received by Fri 16 OCT 2020.  
Post to: ArtFest PO Box 4341, Bay Village, NSW 2261

I have delegated (name) to deliver / and collect my artwork(s)

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Further information can be found on the website www.tlas.org.au 'Conditions' of the entry.

Lakes Art Society Inc, nor its members will be responsible for insurance, loss or damage to any paintings.

Artworks that can be hung.

Artworks may be framed or unframed, provided that they are original, totally the work of the artist. A commission of 20% will be deducted from the sales. Professional artists should also supply their ABN.

The CWA Hall, 1 Pacific Street, Long Jetty 2261 on Thurs. 12 Nov. - Deadline for entries.

Entries must be received during the stated times from the office use:

Financial Member:																	Date received:

Office Use:																						

[Table]
TUGGERAH LAKES ART SOCIETY PRESENTS

FAB FADES 2020

FAB FADES 2020 EXHIBITION

FRIDAY 16 OCTOBER - THURSDAY 29 OCTOBER

THE ART HOUSE